

deals

Now 2x monthly!

January 29–February 11, 2025

Scan to download!



The Good Crisp Company
Potato Crisps
selected varieties

2/\$6
5.6 oz



Tony's Chocolonely
Chocolate Bar
selected varieties
6.35 oz

\$3.99

Savor the savings on delicious snacks

Kettle
Potato Chips
selected varieties

2/\$6
5 oz



Siete
Kettle Cooked Potato Chips
selected varieties

2/\$6
5.5 oz



Angie's BoomChickaPop
Popcorn
selected varieties

2/\$6
4.4–7 oz



Traditional Medicinals
Organic Tea
selected varieties

\$4.29
16 ct



GT's
Kombucha
selected varieties

2/\$6
16 oz



poppi
Prebiotic Soda
selected varieties

2/\$4
12 oz



Justin's
Organic Peanut Butter Cups
selected varieties

\$4.29
4.2–4.7 oz



Chocolove
Chocolate Bar
selected varieties

2/\$6
2.9–3.2 oz



Hu
Chocolate Bar
selected varieties

\$3.29
2.1 oz



Look for new deals on **February 12!**



At Amy's, we cook every meal with love. We spend countless hours in our kitchens, so you can enjoy delicious food in minutes. From our scratch made sauces to the perfectly balanced flavors, every bite delivers the comforting taste of home.



Amy's Macaroni & Cheese

\$3.79

9 oz



Amy's Soup
selected varieties

\$3.79

13.65-14.7 oz

Dr. McDougall's Ramen

selected varieties

\$1.89

1.8-1.9 oz



Annie's Organic Mac & Cheese

selected varieties

2/\$6

5.5-6 oz



Muir Glen Organic Tomatoes

selected varieties

2/\$5

28 oz



Rao's Pasta Sauce

selected varieties

\$6.99

24 oz



Bachan's Japanese Barbecue Sauce

selected varieties

\$6.49

17 oz



California Olive Ranch Extra Virgin Olive Oil

selected varieties

\$12.99

16.9 oz



Zack's Mighty Organic Tortilla Chips

selected varieties

2/\$7

7-9 oz



Crunchmaster Multi-Seed Crackers

selected varieties

\$3.29

4 oz



Nick's Sticks Meat Sticks

selected varieties

\$2.29

1.7 oz



Bobo's Oat Bar

selected varieties

2/\$4

3 oz



Clif Bar Energy Bar

selected varieties

2/\$3

2.4 oz



Buffalo Chicken Stuffed Avocados

15 MIN • SERVES 4 • GRAIN-FREE, KETO

INGREDIENTS

- 2 ripe avocados
- 1 cup shredded chicken
- 1 ½ tablespoons mayonnaise or Greek yogurt
- 1 tablespoon buffalo hot sauce
- ¾ cup cheddar cheese, shredded
- 1 green onion, thinly sliced
- ½ cup cilantro

DIRECTIONS

- 1 Preheat oven to 350°F. Prepare the buffalo chicken by whisking together mayonnaise and buffalo sauce in a small bowl. Fold in chicken and season with salt and pepper to taste.
- 2 Cut avocados in half and discard pit. Place avocados in an oven safe baking dish.
- 3 Spoon chicken salad on top of avocado halves and sprinkle with shredded cheese.
- 4 Bake for three to five minutes or until cheese has melted.
- 5 Place avocados on a serving tray and garnish with green onion and cilantro.



Enjoy Life Foods
Chocolate Chips
selected varieties

\$5.29

9-10 oz



Crofter's Organic
Organic Premium Fruit Spread
selected varieties

\$4.99

16.5 oz



YumEarth
Organic Licorice

selected varieties

\$4.29

5 oz



Jennies
Coconut Macaroons

\$3.29

8 oz



Purely Elizabeth
Granola

selected varieties

\$5.99

8-12 oz



R.W. Knudsen
Organic Tomato Juice

\$3.79

32 oz



Organic Valley has the perfect shredded cheese for your favorite recipes. Try our finely shredded Mozzarella on pizza, lasagna, or a casserole or our finely shredded Mexican blend with chili, quesadillas, and nachos.



Organic Valley
Organic Shredded Cheese
selected varieties

\$3.99

6 oz

Steaz
Organic Iced Green Tea

selected varieties

2/\$3

16 oz





For plant-curious foodies seeking delicious and kinder food choices, Miyoko's Creamery is an organic plant milk creamery that crafts the world's finest vegan cheese & butter, empowering them to choose good food that nurtures good in our world.



Miyoko's Creamery Organic Vegan Cream Cheese
selected varieties

\$3.99

8 oz



Miyoko's Creamery Organic Vegan Butter

\$4.29

8 oz

Essentia Water Alkaline Water

2/\$3

1 lt



C2O Coconut Water
selected varieties

\$3.79

33.8 oz



Eternal Water Naturally Alkaline Spring Water

\$2.79

2.5 lt



Flax4Life Brownie Mini Muffins
selected varieties



\$5.99

14 oz

Oatly Oatmilk
selected varieties

\$4.29

64 oz



Ripple Plant-Based Milk
selected varieties

\$4.49

48 oz



Alexia Organic Fries
selected varieties

\$4.99

15 oz



Traditional Medicinals Organic Lozenges
selected varieties

\$3.79

16 ct



Garden of Life
Organic B-12 Spray

\$13.99

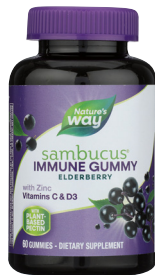
2 oz



Nature's Way
Sambucus Gummies

\$15.99

60 ct



NOW Foods
D-Mannose 500 mg

\$17.99

120 vcap



Solaray
High Absorption
Magnesium Glycinate

\$16.99

120 vcap



Alaffia
EveryDay Shea Body Lotion
selected varieties

\$10.49

32 oz



Nordic Naturals
Ultimate Omega 2x

\$38.99

60 ct



Vital Proteins
Collagen Peptides

\$20.99

10 oz



Weleda
Skin Food

\$13.99

2.5 oz



Kyolic
Blood Pressure Health

\$21.99

80 ct



Pranarom
Frankincense Essential Oil

\$9.49

2 ml



Caboo
Tree-Free Bath Tissue

\$3.79

4 ct



Each item is formulated with 100% pure essential oils and responsibly sourced mineral and plant-based ingredients. Rest assured that Aura Cacia products are never tested on animals and do not contain any harmful parabens or phthalates.

Barbecue Chicken

30-40 MIN • SERVES 4 • DAIRY-FREE, GLUTEN-FREE

INGREDIENTS

2 tablespoons olive oil
8 chicken legs
 $\frac{3}{4}$ cup barbecue sauce
Salt and pepper

DIRECTIONS

- 1 Preheat oven to 400°F.
- 2 Line a baking sheet with parchment paper and place chicken on tray.
- 3 Coat chicken with olive oil and season with salt and pepper.
- 4 Bake chicken for 15 minutes, then start to baste with barbecue sauce every 5–10 minutes thereafter. Continue to cook chicken until the internal temperature reaches 165°F.
- 5 Remove chicken from oven and allow to rest on a clean plate for 5 minutes before serving.

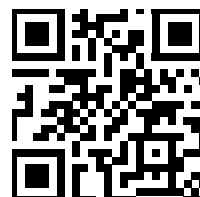


Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.



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