## **DECISES 2X monthly!** July 16–July 29, 2025





## Cool off with hot deals!

COMPLETE HYDRATION

Organic

CUCUMBER WATERMELON

20

**poppi Prebiotic Soda** selected varieties

COMPLETE HYDRATI

*Organic* GEORGIA PEACH



Mavuno Harvest Organic Dried Fruit



2–4 oz

Almond Breeze Almondmilk selected varieties



32 oz





4.4–7 oz Oatly

**C2O** 

**Coconut Water** 

Angie's BoomChickaPop

selected varieties

17.5 oz

Popcorn

selected varieties

Oatmilk selected varieties



64 oz



GoodPop Organic Dairy-Free Frozen Pops selected varieties





Kettle Potato Chips selected varieties

4 ct

**2/**\$6



MALK Organic Almond Milk selected varieties



Look for new deals on July 30!



Wild Planet uses the highest sustainable fishing methods to ensure our oceans provide for future generations. From catch to can, Wild Planet's minimal processing techniques and abundant care help maintain the purity nature intended so that we may provide you and your family with delicious, nutritious seafood you can trust.



Wild Planet Wild Sardines selected varieties



4.4 oz

SweetLeaf **Liquid Stevia** selected varieties





Vita Coco **Coconut Water** selected varieties







**Brew Dr Kombucha Organic Kombucha** selected varieties





99 1.5 lt Steaz





**Organic Iced Green Tea** selected varieties



**Naturally Alkaline** 

**Terra Chips** 

2

6 oz

**Eternal** 

selected varieties

**Sweet Potato Chips** 

/\$6



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TERRA

TERRA

SWEET POTATO

Eternal

14 oz

steaz BREW

### Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days during the promotion window. Proud member of infra

5 oz

12 oz

Nixie **Organic Soda** selected varieties

**Good Health** 

**Avocado Oil Potato Chips** 

good lealth

AVOCADO OII

100



#### GT's **Brown Cow** Daiya Alive Ancient Mushroom Elixir **Cream Top Whole Milk Yogurt Dairy-Free Slices** selected varieties selected varieties selected varieties Daiya BROWN COW 79 **K4**9 ALI PLAIN 32 oz 7.8 oz ALIVE **Vital Farms Organic Valley Pasture Raised Eggs Organic Sliced Cheese** selected varieties PASTURE Utal RAISED LLF 1\$5 399 \$ \$**/\_**49 16 oz 1 dz 6 oz wildbrine Flax4Life **Cosmic Bliss** Kimchi **Brownie Mini Muffins Organic Dairy-Free Frozen Dessert** selected varieties selected varieties selected varieties wildbrine KIMCHIZ FLAX \$ \$575 Cosmic BliSS 1 **Y** Madagascan Vanilla Bean 18 oz 14 oz 14 oz

# Beat the heat, SHOP THE SAVINGS.

**Total Body Collagen Bioactive Peptides** 

Garden of Life Organic Raw Protein Powder selected varieties

568-664 g



**\$3599** 





1 ct



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**Natural Factors** 

Powder

## Emerald Pineapple Smoothie

15 MIN · SERVES 2 · GLUTEN-FREE, PLANT-BASED

### INGREDIENTS

- 1 coconut
- 1 banana, peeled
- 10 ounces frozen pineapple
- 1 handful of baby spinach
- 1 <sup>1</sup>/<sub>2</sub> teaspoon Emerald Energy or other spirulina greens powder

### DIRECTIONS

- To extract the coconut water, poke a hole with an awl into one of the three eyes, invert and allow water to drain. When all coconut water is extracted, wrap coconut in a cloth and using a hammer, carefully crack open the coconut. Alternately, use 1 cup bottled coconut water.
- **2** In a blender pitcher, combine the coconut water, banana, pineapple, spinach, and greens powder.
- **3** Blend contents until smooth and serve promptly.

If serving this as a smoothie bowl, pour smoothie into the split coconut (or bowl) and garnish with dragon fruit, blueberries, kiwi, flaked coconut, and chia seeds.



### **Proud member of INFRA.**

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.



